



FRESH

from the

GRILL



FIRING UP THE FEEL GOOD

Since '74

WE'RE ALL ABOUT THE THRILL OF THE GRILL.

At Beefeater, we've been firing up the feel good with amazing grilled food since 1974 and we're proud of our heritage.

From *mouth-watering 30 day-aged steaks to delicious fish and plant-based dishes*, our signature grill menu has something for everyone. When it comes to epic taste

to feel good about, we only use the *best ingredients and work with suppliers we trust*. From field to fork, all of our beef is reared to Red Tractor or Bord Bia recognised standards. We also hold MSC Chain of Custody status and 100% of our whole fish is certified to internationally accredited sustainability standards.

Look out for our '74 range of signature dishes, sauces and seasonings. Using world-inspired flavours, our Grill Master has captured the very best of Beefeater for you to enjoy.

Get started with our *complimentary beef-flavour popcorn*. And if you need anything at all, just ask our friendly team. Enjoy!

Daytime MENU

GREAT VALUE FAVOURITES

2 courses 10.95
3 courses 12.95

Mon-Fri 12-5pm

Sunday LUNCH

Succulent roasts with all the trimmings and unlimited roasties, Yorkshires & gravy

Sundays from 12pm

Take Home A TASTE OF THE GRILL

Try our fiery and fruity '74 HOT sauce and our rich & tangy '74 BBQ sauce!*

Just 2.99



Scan the QR code to see our Non Gluten Containing Ingredients menu

Get started TOGETHER

Why not mix things up and share our delicious starters between you? Buy 4 for 16.99 or 3 for 13.99.

Chicken Goujons 6.49
Served with your choice of '74 BBQ^s (373kcal) or '74 HOT sauce (358kcal)

Cheesy Grilled Mushrooms (V) 5.49
Served on toasted ciabatta and topped with rocket (505kcal)

Classic Prawn Cocktail* 6.49
Served with toasted ciabatta (416kcal)

'74 Double Crunch Chicken Wings 5.99

Drizzled with your choice of our '74 BBQ^s (463kcal), '74 HOT (442kcal) or blue cheese sauce (565kcal)

Chicken Wings 5.49
Served with '74 BBQ^s (306kcal), '74 HOT (285kcal) or blue cheese sauce (407kcal)

Crispy Calamari* 6.49
With fresh chilli and garlic mayo (536kcal)

Cauli Popcorn (Ve) 5.49
Cauliflower florets in a light and crispy batter, served with '74 BBQ^s (281kcal) or '74 HOT sauce (266kcal)

Halloumi Fries with Dip 5.49
Served with either our '74 BBQ^s (560kcal) or '74 HOT sauce (544kcal)

Cheesy Potato Dippers 5.49
Topped with cheese and spring onion. Served with a choice of reduced-fat soured cream (473kcal), our '74 BBQ^s (469kcal) or '74 HOT sauce (453kcal)
↑ Add oak-smoked bacon 0.99 (105kcal)

Stonebaked Garlic Flatbread (V) 4.99 (232kcal)
↑ Make it cheesy 0.49 (65kcal)

Nachos 5.49 (V)
A portion of tortilla chips layered with Cheddar cheese, tomato and red pepper salsa, cheese sauce, guacamole and reduced-fat soured cream (621kcal)
↑ Add Pulled Beef 1.99 (57kcal)
↑ Want to make it Vegan? Just ask! (Ve)

OUR STAR SHARER

NEW '74 Double Crunch Wing Platter 14.99

Sharing portion of our double crunch chicken wings served with a mix of cucumber, carrot and red pepper batons, reduced-fat soured cream, our '74 BBQ^s and '74 HOT sauce (serves 2, 1435kcal whole dish, 718kcal per serve)

Adults need around 2,000 kcal a day

CHOOSE 4 STARTERS FOR 16.99

CRISPY CALAMARI

CHICKEN GOUJONS

'74 DOUBLE CRUNCH WING PLATTER

Thrill of the GRILL

Mixed Grill 17.99

4oz* rump steak, chicken breast, gammon and pork sausages, served with roasted tomato, mushroom, fried egg, beer-battered onion rings^s and triple-cooked chips (1395kcal)

- ↑ 8oz* Rump Steak 3.99 (303kcal)
- ↑ 8oz* Sirloin Steak 5.99 (312kcal)

Chargrilled Fillet Of Salmon** 15.99

With garlic and parsley, dressed rocket and garlic mayo (602kcal). Served with your choice of seasoned veggie rice (220kcal), skinny fries (293kcal) or chopped salad (74kcal)

- ↑ Add Grilled Vegetables 3.29 (184kcal)

Chargrilled King Prawns** 15.99

With garlic and parsley, dressed rocket and garlic mayo (439kcal). Served with your choice of seasoned veggie rice (220kcal), skinny fries (293kcal) or chopped salad (74kcal)

- ↑ Add Grilled Vegetables 3.29 (184kcal)

Chargrilled 10oz* Gammon Steak 11.99

Served with a fried egg, pineapple ring, triple-cooked chips and peas (1035kcal)

The Flame Grill Combo 18.99

Half a rack of ribs, chargrilled chicken breast, hot-link-style sausage, grilled chicken wings and seasoned corn. Served with skinny fries, house slaw and '74 BBQ^s sauce (1457kcal)

- ↑ Fancy a Full Rack? Upgrade 4.99 (303kcal)
- ↑ Add Mac & Cheese (V) for 4.29 (403kcal)
- ↑ Top with Pulled Beef 1.99 (57kcal)

Adults need around 2,000 kcal a day

'74 Rack of Pork Ribs 17.49

Full rack of lip-smacking, slow-cooked and chargrilled pork ribs. Served with skinny fries, house slaw and your choice of '74 BBQ^s (1046kcal) or '74 HOT Sauce (1030kcal)

GRILL MASTER'S Favourites

NEW BBQ Chicken Tower 17.99

Our '74 BBQ rub marinated chicken thighs, grilled and piled high, with our '74 seasoned skinny fries and corn, shredded lettuce, pickled cucumber, sliced red onions and cherry tomatoes. All served on a stone-baked flatbread, with our '74 BBQ^s sauce. (1,893kcal)

NEW BBQ Mushroom Tower (Ve) 13.99

Our '74 BBQ rub marinated flat mushrooms, grilled and piled high, with our '74 seasoned skinny fries and corn, shredded lettuce, pickled cucumber, sliced red onions and cherry tomatoes. All served on a stone-baked flatbread, with our '74 BBQ^s sauce (1430kcal).

- ↑ Add Grilled Halloumi (V) 2.99 (1,418kcal)

Chick & Pork Ribs 16.49

Half rack of lip-smacking pork ribs and chargrilled chicken breast. Served with skinny fries, seasoned corn, house slaw and your choice of '74 BBQ^s (920kcal) or '74 HOT Sauce (904kcal)

- ↑ Fancy a Full Rack? Upgrade 4.99 (303kcal)

BBO MUSHROOM TOWER



BBO CHICKEN TOWER

STEAK

your way

Our 30-day-aged British and Irish steaks are served with half a roasted tomato, grilled mushroom, rocket and your choice of side.

1. CHOOSE YOUR STEAK

8oz* Sirloin 15.49

A great all-rounder, for succulent texture and taste (385kcal)

10oz* Ribeye 18.99

The strong marbling makes this steak full of flavour (570kcal)

8oz* Fillet 20.49

The most lean and tender of all the steaks (408kcal)

8oz* Rump 14.49

A flavoursome steak with a firm texture (376kcal)

2. CHOOSE YOUR SIDE

Chopped Salad (Ve) 3.29

Crisp cos lettuce, red peppers, cucumber, cherry tomatoes, crunchy slaw, sweetcorn and French dressing (74kcal)

Skinny Fries (Ve) 3.29

(293kcal)

Triple-Cooked Chips (Ve) 3.29

(395kcal)

Jacket Potato (Ve) 3.29

(398kcal)

3. SEAL THE DEAL

GET SAUCY

Peppercorn 1.99 (30kcal)

Blue Cheese (V) 1.99 (108kcal)

TOP IT UP

Jumbo Garlic Prawns** 3.99 (177kcal)

Fried Egg (V) 99p (108kcal)

4. A LITTLE EXTRA

Mini Corn on the Cobs (Ve) 3.29

Chargrilled bites of corn seasoned with our '74 BBQ rub (81kcal)

Chopped Salad (Ve) 3.29

Cos lettuce, red peppers, cucumber, cherry tomatoes, crunchy slaw, sweetcorn and French dressing (74kcal)

Beer-Battered Onion Rings^s 4.29

(280kcal)

Grill Master Beans^s (Ve) 3.29

Smoky BBQ pit beans (153kcal)

Mac & Cheese (V) 4.29 (403kcal)

- ↑ Add Pulled Beef 1.99 (114kcal)

Chargrilled Vegetables (Ve) 3.29

Flat mushroom, red onion, Tenderstem[®] broccoli, red pepper, spring onion and a slow-roasted tomato (188kcal)

SWAP TO LOADED CHEESY FRIES FOR 1.99



STEAK SAMPLER

GRILL MASTER'S Favourites

Surf & Turf Combo*** 19.99

8oz* sirloin steak with calamari and jumbo king prawns drizzled in garlic & parsley. Served with triple-cooked chips and garlic mayo (1232kcal)

Steak Sampler 22.99

For those that want it all, succulent 4oz* sirloin, tender 4oz* fillet and flavoursome 4oz* rump steak. Served with peppercorn sauce, grilled flat mushroom, roasted tomato, onion rings^s and triple-cooked chips (1138kcal)

Seasoned Veggie Rice (Ve) 3.29

With peppers, cauliflower, sweetcorn and a hint of chilli (220kcal)

Loaded Cheesy Fries (V) 4.29

Skinny fries seasoned in our '74 BBQ rub, topped with gooey cheese, burger sauce and tomato and red pepper salsa (484kcal)

- ↑ Add Pulled Beef 1.99 (114kcal)

BRING *on the* BURGERS

Choose one of ours or build your own. All hand-crafted and bursting with flavour. All of our burgers are served in a brioche style bun, unless stated otherwise, with skinny fries and house slaw.

'74 House Stack 14.49

Two signature beef burgers layered with Cheddar, oak-smoked bacon, burger sauce, '74 BBQ sauce^s, lettuce, tomatoes and red onion. Served with '74 BBQ sauce^s (1385kcal)

The Hallo-Me (V) 13.49

Grilled halloumi, chargrilled flat mushroom and roasted red peppers layered with onion confit, mayo, lettuce, tomatoes and red onion. Served with '74 BBQ sauce^s (970kcal)

↑ Add THIS™ Isn't Bacon (Ve) 0.99 (58kcal)

↑ Add our Guacamole (V) 0.99 (82kcal)

The Vegan House (Ve) 13.49

GARDEN GOURMET® Sensational™ burger layered with Violife cheezy slice and THIS™ Isn't Bacon in a brioche-style bun with burger sauce, lettuce, tomatoes and red onion. Served with skinny fries, vegan slaw and '74 BBQ sauce^s (979kcal)

Surf & Turf Burger** 14.99

Our signature beef burger topped with chargrilled jumbo king prawns in spicy mayo, salsa and crisp lettuce. Served with a pot of spicy mayo (1010kcal)

'74 B Dawg^s 13.49

Premium hot-link-style sausage in a soft hot dog roll, topped with salsa, American mustard and ketchup. Served with skinny fries, grill master beans, seasoned corn and house slaw (1246kcal)

↑ Add Pulled Beef 1.99 (114kcal)



MUCH LOVED CLASSICS

Smothered Chicken Melt 13.49

Chargrilled chicken breast glazed in our '74 BBQ^s sauce topped with oak-smoked streaky bacon and melted cheese. Served with triple-cooked chips and house slaw (1073kcal)

Beer-Battered Haddock & Chips**^s 12.99

Served with triple-cooked chips, tartare sauce and mushy peas (1012kcal) or garden peas (974kcal)

Award-Winning Beef & Ale Pie^s 12.99

Tender British beef slow-cooked in a rich ale gravy, encased in flaky pastry. Served with a buttery horseradish mash, garden peas and a jug of gravy (1123kcal)



Beefeater Cobb Salad (V) 9.99

Crisp cos lettuce, red peppers, cucumber, cherry tomatoes, crunchy slaw, avocado and sweetcorn. Finished with your choice of dressing - blue cheese (401kcal), reduced-fat Caesar (370kcal) or Thousand Island (387kcal) Make it vegan with French dressing (344kcal)

↑ Grilled Salmon** 3.99 (325kcal)

↑ Grilled Chicken 2.99 (155kcal)

↑ Grilled 4oz* Rump 2.99 (152kcal)

↑ Grilled Halloumi (V) 2.99 (352kcal)

Beef Lasagne 12.49

Beef ragu layered with egg pasta and mature Cheddar cheese sauce. Served with garlic flatbread and a chopped salad (855kcal)

Spinach & Ricotta Cannelloni (V) 12.49

Baked in a creamy tomato and basil sauce, topped with melted cheese. Served with garlic flatbread and a chopped salad (980kcal)



BUILD YOUR OWN BURGER

Build your ultimate burger. We'll get you started with a brioche style bun with burger sauce, lettuce, tomatoes and red onion - then the rest is up to you. All served with skinny fries and house slaw. 9.99 (655kcal)

1 CHOOSE YOUR BASE

Signature Beef Burger Patty (223kcal)

Grilled Chicken Breast (155kcal)

Grilled 4oz* Rump Steak (152kcal)

2 ADD A SAUCE

Burger Sauce (Ve) (88kcal)

'74 BBQ Sauce^s (Ve) (32kcal)

Pickle Relish Sauce (Ve) (23kcal)

Grilled 5oz* Gammon Steak (198kcal)

GARDEN GOURMET® Sensational™ Vegan Burger (Ve) (224kcal)

↑ Double up your base for 2.99

Tomato Ketchup (Ve) (16kcal)

'74 HOT Sauce (Ve) (17kcal)

Spicy Mayo (V) (60kcal)

3 PIMP IT UP

Cheese Slice (V) 0.49 (83kcal)

Halloumi (V) 2.99 (176kcal)

Fried Egg (V) 0.99 (108kcal)

Grilled Pineapple (Ve) 0.99 (25kcal)

Guacamole (V) 0.99 (82kcal)

Flat Mushroom (Ve) 0.99 (59kcal)

THIS™ Isn't Bacon (Ve) 0.99 (58kcal)

Violife Cheezy Slice (Ve) 0.49 (57kcal)

Streaky Bacon 0.99 (63kcal)

Pulled Beef Barbacoa 1.99 (114kcal)

Jumbo King Prawns** 3.99 (81kcal)

Adults need around 2,000 kcal a day

SOMETHING ON THE SIDE?

Beer-Battered Onion Rings^s 4.29 (280kcal)

Chopped Salad (Ve) 3.29

Crisp cos lettuce, red peppers, crunchy slaw, sweetcorn and French dressing (74kcal)

Skinny Fries (Ve) 3.29 (293kcal)

Triple-Cooked Chips (Ve) 3.29 (395kcal)

Jacket Potato (Ve) 3.29 (398kcal)

Loaded Cheesy Fries (V) 4.29

Skinny fries seasoned in our '74 BBQ rub, topped with gooey cheese, burger sauce and tomato and red pepper salsa (484kcal)

↑ Add Pulled Beef 1.99 (114kcal)

Mini Corn on the Cobs (Ve) 3.29

Chargrilled bites of corn seasoned with our '74 BBQ rub (81kcal)

Grill Master Beans^s (Ve) 3.29

Smoky BBQ pit beans (153kcal)

Mac & Cheese (V) 4.29 (403kcal)

↑ Add Pulled Beef 1.99 (114kcal)

Chargrilled Veggies (Ve) 3.29

Flat mushroom, red onion, Tenderstem® broccoli, red pepper, seasoned corn, spring onion and a slow-roasted tomato (188kcal)

Seasoned Veggie Rice (Ve) 3.29

With peppers, cauliflower and sweetcorn with a hint of chilli (220kcal)

House Slaw (V) 1.99 (142kcal)

Vegan Slaw (Ve) 1.99 (188kcal)

Adults need around 2,000 kcal a day

Something SWEET

Mini Sundae (V) 4.99

Warm triple chocolate brownie, chocolate sauce and vanilla dairy ice cream finished with crumbled chocolate flake and a fan wafer (417kcal)

Chocolate Churros Sundae (V) 6.49

Vanilla dairy ice cream layered with warm triple chocolate brownie and chocolate sauce. Topped with a whip of cream and warm cinnamon sugar churros (747kcal)

Banoffee Waffle Sundae (V) 5.99

Vanilla dairy ice cream layered with a caramel sauce, freshly sliced banana and a warm waffle. Topped with a whip of cream and chocolate shavings (704kcal)

NEW Vanilla Ice Cream Sundae with KitKat® (V) 6.99

Vanilla dairy ice cream layered with KitKat® crumb and chocolate sauce. Topped with a whip of cream and KitKat® fingers (584kcal)



NEW Popcorn Sundae made with Cadbury® Caramel Nibbles (V) 6.99

Vanilla dairy ice cream layered with Cadbury® Dairy Milk Caramel Nibbles, caramel coated popcorn and caramel sauce. Topped with a whip of cream (565kcal)



NEW Cheesecake with Cadbury® Crunchie (V) 6.99

Baked New York style cheesecake, topped with Cadbury® Crunchie pieces and caramel sauce. Served with vanilla dairy ice cream (674kcal)



Vanilla Ice Cream & Berries* (V) 5.79

Vanilla dairy ice cream topped with loads of juicy berries (224kcal)

Want to make it vegan, just ask! (258kcal)

Apple Pie (V) 5.99

Served with either custard (426kcal) or vanilla dairy ice cream (394kcal)
Want to make it vegan, just ask! (405kcal)

Sticky Toffee Pudding (V) 5.99

Light sponge topped with a rich sticky toffee sauce. Served with custard (753kcal) or vanilla dairy ice cream (720kcal)

Triple Chocolate Brownie (V) 5.99

Triple chocolate brownie with chunks of white, milk and Belgian dark chocolate. Served with chocolate sauce and vanilla dairy ice cream (617kcal)

Chocolate Layer Torte (Ve) 5.99

Decadent chocolate mousse on a chocolate sponge base, topped with freeze-dried raspberries and raspberry sauce (291kcal)

↑ Add vanilla dairy ice cream (V) 0.99 (68kcal)

↑ Add a scoop of vanilla-seeded vegan ice cream (Ve) 0.99 (79kcal)

NEW Zesty Lemon Tart (V) 6.49

Served with vanilla dairy ice cream (345kcal)

Cookie Dough & Ice Cream (V) 5.99

Belgian chocolate chunk cookie dough, cooked to order, topped with vanilla dairy ice cream and crumble, drizzled with chocolate sauce (784kcal)

Hot Drink & Mini Triple Chocolate Brownie (V) 4.99

Mini triple chocolate brownie with your choice of hot drink (261kcal) (calories stated do not include hot drink)

Adults need around 2,000 kcal a day



VANILLA ICE CREAM SUNDAE WITH KITKAT®

POPCORN SUNDAE MADE WITH CADBURY CARMEL NIBBLES

CHEESECAKE WITH CADBURY CRUNCHIE

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, please ask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. "V" = suitable for vegetarians, "VE" = suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. *Approximate weight uncooked. **May contain small bones or shell. †May contain traces of alcohol. ‡May contain rings & tentacles. §May contain fruit stones. Fish, meat and poultry dishes may contain bones. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. GARDEN GOURMET® - is a registered trademark used in agreement with the trademark owner. KitKat® is a registered trademark of Société des Produits Nestlé S.A. S.A. Cadbury® is a registered trademark of Mondelez International used under licence. Terms & conditions: Images are for illustrative purposes only and finished steak presentation (including grill lines) may vary. This menu is available for a limited time only and is subject to availability. We may occasionally sell out of some of the more popular dishes. If we do, we'll do our very best to offer you the nearest alternative. Prices are inclusive of VAT. We hope we served you up a great experience today. If you choose to leave a gratuity to thank your server, we want you to know that this goes straight to the person serving you today, in full. If you have any comments or suggestions, our staff will be more than happy to receive them. Alternatively, you are welcome to write to us at: Whitbread Group PLC, PO Box 777, Dunstable, Beds. LU5 5XE. Telephone: 0333 234 1452 or visit www.beefeater.co.uk/contact-us.html



Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org MSC-C-55716

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