SUNDAY ROAST

There's nothing like a traditional and wholesome Sunday roast to bring everyone together, so why not treat your family at Beefeater Grill. We've a choice of three succulent meats for every taste and they're all equally delicious. All our roasts are served with all the trimmings – roast potatoes, two Yorkshire puddings, vegetables and gravy. Choose from:

- Roast Topside of Beef with Horseradish Sauce
- Roast Loin of Pork with Apple Sauce
- Half a Roast Chicken

WHY NOT GO LARGE

On your beef or pork roast for just £2.00 extra



CHECK OUT OUR AVAILABLE DAYTIME AND EVENING

Daytime before 6.30pm Monday to Saturday. Evening after 6.30pm Monday to Thursday.

Chocolate Fudge Brownie Sundae £3.99

Try our indulgent sundae made with ice cream, rich chocolate fudge brownie chunks, chocolate crunch topping, a whip of cream and warm chocolate flavour fudge sauce

WHY NOT SHARE You can double up for £5.99

Belgian Chocolate Cheesecake £4.65

Rich creamy chocolate cheesecake, the ultimate treat, served with cream

Crunchy biscuit base topped with toffee, cream, fresh banana and drizzled with luscious warm toffee sauce

Profiteroles £3.99

A pile of delicious profiteroles drizzled with chocolate flavour fudge sauce. Served with your choice of ice cream, cream or crème fraîche **WHY NOT SHARE**

You can double up for £5.99

Chocolate Fudge Sensation Cake £4.50

The ultimate chocolate fudge cake, served with your choice of ice cream, cream or crème fraîche

Ice Cream Fruit Sundae £3.75

Indulgent fruity dessert, lashings of ice cream, red berries, a whip of cream and drizzled with raspberry sauce

Vanilla Cheesecake £4.65

Indulge yourself with our delicious cheesecake served with strawberry and

Belgian Waffle £4.35

An all time favourite, classic Belgian waffle served with sliced banana,

- ice cream and your choice of topping: Warm chocolate flavour fudge sauce, or
- Toffee sauce

Cheese Platter £4.99

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Our Chef's choice of Stilton, Camembert and mature Cheddar with a selection of biscuits, fresh grapes and spiced onion marmalade

Treacle Sponge Pudding £3.99

Delicious warm sticky pudding served with your choice of custard, ice cream, cream or crème fraîche

Caramel Apple Crumble Pie £3.99

Topped with your choice of custard, ice cream, crème fraîche

Warm Chocolate Fudge Brownie £4.50

Rich chocolate fudge brownie served warm, topped with ice cream and drizzled with warm chocolate flavour fudge sauce







WE ALSO HAVE A WIDE RANGE OF DRINKS AVAILABLE, ASK A TEAM **MEMBER FOR DETAILS.** PLEASE SEE OUR DESSERT MENU FOR DETAILS.

FOR THE LATEST NEWS FROM THE CHARGRILL AND ALL OF OUR NUTRITIONAL DATA VISIT BEEFEATERGRILL.CO.UK

This menu is available for a limited period only and is subject to availability. We may occasionally sell out of some of the more popular dishes. If we do, we'll do our very best to offer you the nearest alternative. Menu descriptions may not list every individual ingredient. Customers concerned about the presence of allergens in our food are welcome to ask a member of staff for assistance when choosing their meal. You can also visit our website for nutritional data. Prices are inclusive of VAT. All cash tips are retained by your server. Credit card tips will be processed by the payroll department and paid to your server after deduction of Income Tax and National Insurance contributions only. No other deductions will apply. If you have any comments or suggestions our staff will be more than happy to receive them. Alternatively, you are welcome to write to us at: Whitbread Group PLC, PO Box 777, Dunstable, Beds. LU5 5XG. Telephone: 01582 844360. Email: Customer.Relations@Whitbread.com



October 2010



WHILE YOU'RE CHOOSING

Dipping Bread Trio £3.99

A cheese twist, seeded and white bread stick served with three dipping sauces: Balsamic vinegar and olive oil, melted garlic butter and Chimi Churi

Chargrilled juicy lamb koftas with a hint of spice, served with a yoghurt & mint dip

Prawn Cocktail £4.50

Mouth-watering prawns on salad leaves with a Marie Rose sauce, served with rustic bread

Garlic and Herb Breaded Mushrooms £3.75

Button mushrooms in a crispy shell served with ranch and barbecue dips

Potato Shells £4.45

- Crispy potato shells served with a cool sour cream & chive dip and your choice of two tasty fillings:
- Melted Cheddar cheese and spiced onion marmalade

• Melted Cheddar cheese and bacon

Soup of the Day 11 £3.25

Seasonal soup perfect for the time of year, served with rustic bread

Paprika Chicken Skewers £4.50

Chargrilled paprika chicken and red pepper skewers, served with barbecue sauce

Crispy whitebait served with tartare sauce and lemon

Prawn Trio £4.99

A delicious selection of spicy Cajun battered prawns, tempura battered prawns and chargrilled skewered prawns served with soy & ginger dipping sauce

Beefeater Grill Combo – ideal to share £8.50

A selection of delicious lamb koftas, paprika chicken skewers, maple pork ribs, garlic bread and nachos, with barbecue and yoghurt & mint dips

Chicken Liver Pâté £4.50

Chicken liver pâté served with toasted bread and spiced onion marmalade

Baked Camembert £4.99

Baked Camembert with rustic bread and spiced onion marmalade



*approximate weight uncooked

**may contain small bones

W suitable for vegetarians

W vegetarian option available

§this product contains alcohol

All of our nutritional data is available on our website beefeatergrill.co.uk

FROM OUR CHARGRILL

At Beefeater Grill, we use only the finest cuts of steak from traditionally reared cattle, fed predominantly on grass to ensure exceptional flavour and tenderness. Our steaks are matured for a minimum of 28 days before being seasoned and then seared on the chargrill for that unmistakable, extra special Beefeater Grill taste.

We pride ourselves on being the experts in steak. To prove our total commitment to serving great tasting, quality steaks, day in and day out, we have introduced a unique Steakmaster training programme. This means that in every restaurant you will find a Steakmaster, who will advise you on the best cut of steak for your individual taste and the best cooking method for your chosen cut. This guarantees you a succulently successful dining experience at Beefeater Grill, every time.



This is one of our most popular steak cuts for the beef connoisseur. To fully enjoy the strong flavour with a juicy soft texture we recommend our rib eye steaks are chargrilled medium to well done.



The steaks are tender with a meaty texture. Sirloin is generally a good all rounder in terms of flavour and enderness. We recommend our sirloin steaks are chargrilled rare, medium or well done.



Extremely tender with a mild flavour, the fillet has the softest texture of all the steaks and is fantastic chargrilled rare to medium to give the most succulent steak



With their firm texture and strong beefy flavour, we recommend our rump steaks are chargrilled rare to medium to ensure the best flavour.





The ultimate treat for rib lovers. A succulent and meaty rack of smoky flavour maple pork ribs served with chips, coleslaw, battered onion rings and your choice of one of the following three sauces:

- Mojito sauce§
- Smoked Caramel & Apple glaze
- Bourbon & Black barbecue sauce§

Ultimate 16oz* Steak Platter £19.99

The ultimate collection of rump, fillet, sirloin and rib eye, served with chips, battered onion rings, grilled tomato, a flat mushroom and peppercorn & brandy

Giant Chicken Skewer £10.99

A skewer packed full with succulent chargrilled chicken, served with chips, coleslaw and your choice of the following: • Side salad, or • Battered onion rings and corn on the cob

• Piri Piri sauce, or • Blue Cheese & Jalapeño sauce

Rib Eye on the Bone £18.99

Served on the bone for exceptional flavour with sweet potato chips, grilled tomato, a flat mushroom, battered onion rings and penpernaise sauce. This 16oz* steak is best chargrilled medium to well done

Sirloin and Giant Prawns £16.99

Our tender 8oz* sirloin steak plus three giant prawns, lightly chargrilled, served with chips, side salad and melted garlic butter

Fisherman's Chargrilled Selection £12.99

For the ultimate seafood lover, a lightly chargrilled giant prawn, a sea bass & pepper skewer and a tender Atlantic scallop in its shell drizzled with garlic butter. Served with chips and mixed salad

SAUCES Create new flavours for only £1.45

Chimi Churi Sauce

- A blend of chopped parsley, extra virgin olive oil, garlic and red chilli, famous in Argentinian Steak Houses as a steak topping and dipping sauce
- Peppercorn & Brandy Sauce § Bourbon & Black Barbecue Sauce§

and smoked bacon sauce

- Black & Blue Sauce Stilton, Danish blue cheese
- Béarnaise Sauce§ Piri Piri Sauce
- Blue Cheese & Jalapeño Sauce Moiito Sauce§
- A blend of mint, rum & lime
- Smoked Caramel & Apple Glaze



Our steaks below are served with chips and your choice of one of the following:

- Mixed salad
 Half a grilled tomato and a flat mushroom
- Battered onion rings Coleslaw

Rib Eve £14.75

The marbling in this 10oz* steak makes it extra tender and succulent. Best chargrilled medium to well done

Sirloin £12.75

Tender and tasty, our classic 8oz* sirloin steak is great chargrilled rare, medium or well done

Fillet £14.99

Our 7oz* fillet is the most tender of cuts; our Chefs recommend it is chargrilled rare to medium

Rump £10.75

With its strong meaty flavour and firm texture, our 7oz* rump steak is best chargrilled rare to medium

Beef Burger £7.99

WHY NOT UPGRADE

To our 9oz* burger for £2.00 extra

Our 6oz* or 9oz* burgers are made from 100% beef, ground and blended with a light seasoning for a succulent flavour. Garnished with mayonnaise and salad. Served with chips, mixed salad and your choice of topping from the following:

- Cheddar cheese and bacon
- A flat mushroom with Black & Blue sauce
- Jalapeños and Cajun spiced onions & peppers
- Battered onion rings and barbecue sauce

main comes with one of the accompaniments below, we are happy to change it. Just tell us which one you'd prefer...

- Jacket potato
- Buttered new potatoes
- Dauphinoise potatoes
- Basmati rice
- Or instead of changing to rice/potatoes you can simply have extra salad instead.



MEAT & FISH

Our Chef's chargrill selection: rump steak, half a chicken breast, gammon steak, pork, leek & bacon sausage, chips and your choice of one of the following: Mixed saladHalf a grilled tomato and a flat mushroom

Tandoori Chicken £8.99

Two succulent chargrilled tandoori chicken quarters served with naan bread, basmati rice, tikka sauce and yoghurt & mint dip

Chicken Breast Wrapped in Bacon £10.25

Succulent chicken breast filled with garlic & herb cream cheese, wrapped in bacon then chargrilled and drizzled with Italian tomato sauce. Served with new potatoes and fresh vegetables

Sausages and Mash £8.99

Our take on the classic sausages and mash. Delicious pork, leek & bacon sausages and creamy mashed potatoes topped with spiced onion marmalade. Served with peas and gravy

Chicken Breast and Maple Pork Ribs £11.50

A chargrilled combo: our smoky flavour maple half rack of pork ribs and a succulent chicken breast served with chips, battered onion rings, mixed salad and our bourbon & black barbeque sauce§

Smoked Paprika Chicken £7.99

A marinated, succulent chicken breast, served with chips, salad and coleslaw. If you would prefer a plain chicken breast, just ask

Salmon Fillet** f9.99

A delicious chargrilled salmon fillet, served with buttered new potatoes, tender stem broccoli, green beans, cherry tomatoes and a tomato, basil & caper sauce

Sea Bass Skewers** £12.50

Two sea bass and pepper skewers, served with new potatoes, tender stem broccoli, green beans, cherry tomatoes and a tomato, basil & caper sauce



Battered Onion Rings £1.99 Flat Mushrooms £1.99

Extras £2.99 Garlic and herb breaded mushrooms, battered onion rings and Cheddar cheese garlic bread

Mixed Salad Bowl £2.50

Cheddar Cheese Garlic Bread 2 slices **£2.35** 4 slices **£3.75** Corn on the Cob £1.50

Coleslaw £1.99 Fresh Vegetables £2.50

Rustic Bread and Butter £1.50

WHY NOT GO LARGE On your chips for only 35p extra

PASTAS, SALADS & VEGETARIAN

Mediterranean Pasta 11 £7.99

Pasta in a rich tomato sauce with courgettes, butternut squash, red pepper and soya beans. Topped with cheese shavings and red pepper

Creamy Pesto Pasta 1 £7.99

Pasta and green beans mixed with creamy pesto sauce and topped with

Mediterranean Tomato Risotto[§] **11** £8.99

Creamy tomato risotto mixed with Mediterranean vegetables flavoured with a hint of white wine, topped with cheese shavings and served with chargrilled red pepper, garlic bread and side salad

WHY NOT CHOOSE

A pasta or risotto base and then add a chargrilled chicken breast, salmon fillet** or skewered prawns for only £1.75 extra

Paprika Chicken Salad £7.99

Paprika chicken served with strips of red pepper, red onion, crunchy shredded vegetables and crunchy onion bits. All drizzled with barbecue sauce

Prawn and Lemon Pepper Scallop Salad £8.50

Prawns and lemon pepper breaded scallops served with strips of red pepper, red onion, crunchy shredded vegetables and crunchy onion bits. All drizzled with blue cheese & jalapeño sauce

Caesar Salad M £7.99

Quesadilla Wrap 48.99

Crisp Cos lettuce served with baked croutons, anchovies and Caesar dressing, topped with cheese shavings. For a vegetarian option without anchovies just ask

Your Caesar Salad with either a chargrilled chicken breast, salmon fillet**, skewered prawns or bacon and Stilton for only £1.75 extra

Flour wrap filled with grated Cheddar cheese, jalapeños and Cajun spiced onions &

peppers, served with basmati rice, sour cream & chive dip and Piri Piri sauce

Sweet Red Pepper and Crème Fraîche Tart 11 £8.99 A short crust pastry case with fennel seeds, filled with sweet red pepper and crème fraîche, served with salad and new potatoes



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